



Mr Markus Nikitins

83 Kensington Road Norwood

All enquiries: 8223 7870

Post Operative Instructions

Blepharoplasty

Your next appointment is:



Reviewed by Consumer Representative
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If you are unable to keep this appointment, please ring 8223 7870

EYELID SURGERY

- The steristrips on your eyelids are to be kept dry and intact until your first post operative appointment at 6-7 days.
- To assist with the normal post operative swelling around the sensitive eyelids you may use a soft (eg gel) cold-pack hourly for ten-minutes. It is also recommended to sleep on two pillows to assist with swelling.
- Depending on your procedure, you may have been given a prescription for stronger pain relief, otherwise Paracetamol taken regularly should be adequate.
- Common sense restriction of physical activity in the early post-operative phase is necessary to avoid potential bleeding or wound disruption.
- You may experience minor bleeding and wound seeping. This is normal. If bleeding persists, apply gentle pressure for 5-10 minutes. This should help stop the bleeding. It is important to keep the head elevated should this occur.

If you have any concerns, please contact your surgeon on 8223 7870 during business hours