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## Post-Operative Instructions

### **Lower Leg Excision with Local Flap Repair**

**Your next appointment is:**



Reviewed by Consumer Representative  
2024-05

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*If you are unable to make this appointment, please ring 8223 7870*

## **Lower Leg Excision with Local Flap Repair**

The lower leg wound requires careful protection until your post-op appointment, with dressings kept clean and dry.

The lower leg wound will benefit from elevation for the first 1 - 2 weeks dependent on healing.

Should there be any undue bleeding in the early post-operative hours, firm pressure over the dressing for 5 - 10 minutes will usually stop it. Notify the practice if bleeding persists.

Paracetamol 6-hourly is adequate pain relief for this procedure. If your pain is excessive, please notify your surgeon.

Your lower leg will have an elastic bandage and / or stocking applied from toes to knee. This needs to be kept on and dry until your post-op appointment.

The sutures are removed at 10 - 14 days. Hypafix tape will then be applied for support. You are allowed to shower with this tape on but must be patted dry with a clean towel. The tape stays intact for 1 week before a change of tape is required. Taping is continued for up to 4 weeks to assist in wound healing and support.

After the initial dressing removal in the rooms at 10 - 14 days post operation, you will be instructed on the continued care needed at home.

***If you have any concerns, please contact  
your surgeon on 8223 7870***