



What's New

We are excited about some recent changes and improvements to our Plastic Surgery Practice based at 341 South Terrace.

Markus Nikitins has joined Randall Sach as an associate, bringing a fresh and complementary repertoire of Plastic Surgery skills. Markus has spent the past 2 years training in Craniomaxillofacial and Cleft Surgery, adding to his

FRACS in general Plastic and Reconstructive Surgery.

Further details about him are outlined on the next page. The front office of Sach Day Surgery has recently undergone some renovations and the addition of new staff members have facilitated the efficiency and personalized service of the Practice and Day Surgery.

Accreditation

The team at Sach Day Surgery continues to pursue the highest quality and standards of care for referred Plastic, Cosmetic and Hand Surgery patients.

The facility retains full Accreditation from The Australian Council on Healthcare Standards (ACHS), which safely and conveniently

services the majority of referred patients.

The Day Surgery has contracts with all major Health Funds (including DVA), thus facilitating claims for insured patients.



Hand Surgery

This remains a major practice interest, with most procedures conveniently undertaken in the on-site Day Surgery.

Larger reconstructive joint replacements may require admission to St Andrew's Hospital, which is conveniently located next door.

Special interest areas in reconstructive hand surgery include:

- ✓ Dupuytren's disease
- ✓ Endoscopic carpal tunnel release
- ✓ Rheumatoid hand reconstruction
- ✓ Hand tumours
- ✓ Hand trauma
- ✓ Osteoarthritis

Skin Cancer Surgery

The Day Surgery is ideally set up to handle the vast majority of skin tumours and lesions in a comfortable, safe and convenient environment.

Cosmetic Procedures

Surgical procedures offered include:

- ✓ Abdominoplasty
- ✓ Blepharoplasty
- ✓ Breast Augmentation
- ✓ Breast Reduction / Mastopexy
- ✓ Facelifting
- ✓ Genioplasty
- ✓ Orthognathic Surgery
- ✓ Otoplasty
- ✓ Rhinoplasty
- ✓ Etc

Cosmetic Injectables

Ann Dennis has been associated with the Practice since 2005.

She is one of the most experienced nurse injectors in Australia. Initially training in London (Harley Street) in the late 1980's, she returned to Adelaide several years ago.

Ann offers a wide range of non-operative cosmetic techniques for softening expression lines and restoring youthful fullness to the face. These include:

- ✓ Botox
- ✓ Sculptra (Newfill)
- ✓ Collagen
- ✓ Juvederm

Ann's initial consultation is offered at no charge to assess the most suitable treatment, and a fully costed treatment plan is given at this time.

Ann complements and enhances the range of current cosmetic surgical procedures offered.



Practice Locations

City – Main Office

Randall Sach & Markus Nikitins
341 South Terrace
Adelaide

Modbury Medical Centre

Randall Sach & Markus Nikitins
Unit 4, 81- 83 Smart Road
Modbury

Flinders Private Hospital

Markus Nikitins
Suite 605 Flinders Private
Hospital
Bedford Park

**All appointments through
city office – 8223 7870**





Sach
DAY SURGERY

Newsletter | December 2007

Randall Sach

Randall Sach commenced surgical training in Adelaide in the 1970's, proceeding then to a Plastic Surgery career which included overseas experience in Canniesburn Hospital Glasgow, at the time considered the mecca of Plastic Surgery in Europe.

He entered private consulting practice in 1980 undertaking general Plastic Surgery, Aesthetic Surgery and Hand Surgery. He has continued to develop a special interest and reputation in surgery of the hand.

He has been keenly interested and involved in many professional and educational bodies representing Plastic Surgery and Hand Surgery. He is a past President of the Australian Society of Plastic Surgery, has served on the Council of the Royal Australasian College of Surgeons, and served as an Examiner to the College of Surgeons in Plastic Surgery.

He is a past Councillor to the Australian Hand Surgery Society. His other professional interests have been in the development of Day Surgery, and the establishment of the Sach Day Surgery facility to complement his professional practice. He is also the past Chairman of the Australian Day Surgery Council, and has been active in the promotion of safety and standards in this progressive area.

Education and training have always been an important part of his professional life,

and are pursued through teaching hospital appointments as a Senior Visiting Specialist to the Royal Adelaide Hospital and Modbury Public Hospital. He has also participated in regular overseas voluntary aid programmes in Plastic Surgery, most recently with Interplast Australia, assisting in the development of training and fellowship links with Sri Lanka.

Over the past 25 years he has published and presented a wide spectrum of scientific papers, many relating to his strong interest in hand surgery. He continues to undertake a leadership role in the affairs of Plastic Surgery and Hand Surgery both locally and in Australasia.



His main non-professional interest has been in the pursuit of glass art and glass blowing with extensive experience in hot glass sculpturing.

More detail of his glass art can be accessed through www.randallsach.com.au.

Markus Nikitins

Markus Nikitins' early surgical training commenced in the mid 1990's with rotations through all South Australia's major teaching hospitals. His advanced training in Plastic and Reconstructive Surgery included experience at St Vincent's Hospital Melbourne, home to the Bernard O'Brien Institute of Microsurgery, and also the Peter MacCallum Cancer Centre, complementing previous training in the management of cutaneous malignancy.

Following completion of Plastic Surgery Specialist Training 2005, he undertook further post-fellowship training in Craniomaxillofacial Surgery. He had already established an interest in Cleft Lip and Palate Surgery, gaining further experience in the Christian Medical College in Vellore, India. The two year post-fellowship Programme involved training with the Queensland Craniofacial Service at Mater Children's, Royal Children's and Royal Brisbane Hospitals. The past year has been spent in Adelaide with appointments to the Royal Adelaide Hospital, and the Australian Craniofacial Unit.

During his training Markus has undertaken research into various aspects of Plastic and Craniomaxillofacial Surgery with several presentations at State and National Annual Scientific Meetings. Elements of his research have gained publication in peer reviewed surgery journals.



He has been actively involved in teaching programmes interstate and locally with a special interest involving Craniofacial Plastic Surgery. He is also a member of Overseas Specialist Surgical Association of Australia (OSSAA) and was a team member to Flores, Indonesia in March 2007.

He has been appointed as a Visiting Specialist Plastic Surgeon in the Department of Plastic and Reconstructive Surgery at Flinders Medical Centre, offering General, Paediatric, Hand, Craniofacial Trauma and Cleft Plastic Surgical management.

His private consultation practice will be undertaken at South Terrace, Modbury Medical Centre and Flinders Private Hospital. Procedures will be undertaken at Sach Day Surgery, St Andrew's Hospital, Calvary Wakefield Hospital and Flinders Medical Centre.