

Curriculum Vitae

Randall Paul Sach

April 2017

Personal Details

Name: Randall Paul Sach

Business Address: 341 South Terrace
Adelaide SA 5000

Telephone: (08) 8223 7870

Fax: (08) 8232 6070

Qualifications: M.B.,B.S., Adelaide, 1971
FRACS (Plastic Surgery), 1979

Awards & Honours

Royal Australasian College of Surgeons – ESR Hughes Medal 2008

For distinguished contribution to surgery

Australian Society Plastic Surgeon (ASPS) – ASPS Medal 2008

For outstanding contribution to
The Australian Society of Plastic Surgeons

Fellow College of Surgeons Sri Lanka (Honorary) - 2015

For service to Plastic Surgery
in Sri Lanka

Major Professional Appointments

2012-2014

President

The Australian Hand Surgery Society (AHSS)

1998-2002

Council Representative

The Royal Australasian College of Surgeons (RACS)
Plastic & Reconstructive Surgery Representative for the
Australian Society of Plastic Surgeons (ASPS)

2002-2006

Chair

Australian Day Surgery Council

1995-1997

President

The Australian Society of Plastic Surgeons (ASPS)

Current Hospital Appointments

Director, Dextra Day Surgery, Adelaide
Private Practice in Plastic and Reconstructive Surgery and Surgery of the Hand

Previous Teaching Hospital Appointments

1998-2015	Senior Visiting Plastic Surgeon Royal Adelaide Hospital
1997	Head of Unit, Department of Plastic & Reconstructive Surgery, Royal Adelaide Hospital
1988-1997	Senior Visiting Plastic Surgeon Royal Adelaide Hospital
1984-1988	Visiting Plastic Surgeon Royal Adelaide Hospital
1984-2006	Senior Visiting Plastic Surgeon Modbury Public Hospital
1983	Temporary Visiting Plastic Surgeon Royal Adelaide Hospital
1980-1984	Consultant Plastic Surgeon Modbury Public Hospital

Overseas Voluntary Surgical Trips

2007 - Present	Interplast Country Co-Ordinator - Sri Lanka
2015	Interplast - Sri Lanka – Colombo – Team Leader
2013	Interplast - Sri Lanka – Colombo – Team Leader
2011	Interplast – Sri Lanka – Colombo – Team Leader
2010	Interplast – Sri Lanka – Colombo
2009	Interplast – Sri Lanka – Colombo - Team Leader
2008	Interplast – Sri Lanka – Colombo - Team Leader
2006	Interplast – Sri Lanka – Colombo - Team Leader
2005	Interplast - Sri Lanka – Colombo
2003	Interplast - Sri Lanka - Colombo
2002	Interplast - Sri Lanka - Colombo
1993	Interplast - Tonga
1990	SA Craniofacial Unit, Malaysia - Kota Kinabalu
1989	SA Craniofacial Unit, Malaysia - Kota Kinabalu
1987	SA Craniofacial Unit, Malaysia - Klang
1988	SA Craniofacial Unit, Malaysia - Jahore Baru
1983	Interplast - Fiji - Suva

Royal Australasian College of Surgeons Appointments

RACS Councillor (Plastic & Reconstructive Surgery Representative) **1998 - 2001**

RACS Committees:

Board of CME & Re-certification	1998 - 2001
Communications Committee	1998 - 2001
Project China Committee	1998 - 2002
ASC Review Committee	1998 - 2001
SA State Committee	1998 - 2001

Australian Day Surgery Council - RACS Representative	1998 - 2007
- Secretary	2000 - 2002
- Chair	2002 - 2006

Examiner in Plastic & Reconstructive Surgery and
Member of Court of Examiners **1991 - 1999**

Supervisor Surgical Training - Department of Plastic &
Reconstructive Surgery, Royal Adelaide Hospital **1997 - Present**

Member Executive of Division of Plastic &
Reconstructive Surgery **1996 - 1997**

Convener, RACS - Annual Scientific Meeting
Annual General Meeting, Adelaide **1986**

Convener, Hand Surgery Interest Group
- RACS Annual Scientific Meeting **2002**

Committee - 'Day Surgery in Australia', Conference, Sydney **2004**

Committee - Plastic Surgery Trainees Examination Course,
Geelong **2004**

The Australian Society of Plastic Surgeons (ASPS)

President **1995 - 1997**

Vice President **1993 - 1995**

Treasurer **1989 - 1993**

Executive Council Member **1985 - 2001**

Division of Plastic &

Reconstructive Surgery **Executive**

Randall Sach (7)
1995 - 1997

Other Professional Appointments/Achievements

Australian Hand Surgery Society

President	2012 – 2014
President Elect	2010 – 2012
Board Member AHSS	2000 – 2005 2010 – 2016
PFET Committee	2012 – 2016
Convenor RACS ASC - Hand Surgery Interest Group	2002
Hand Surgery Education (Subcommittee)	2002 - 2003 2010 - 2016
South Australian Society of Plastic Surgeons	
President	1986 - 1988
Secretary	1984 - 1986

South Australian Hand Surgery Society

President	1991 - 1992
Foundation Member	1991 - Present

University of Adelaide

Clinical Lecturer - Department of Surgery

Other

2011 – 2014	Interplast Planning & Evaluation Committee
2009 – Present	Credentials Committee St Andrew's Hospital AMA Representative
2009 – 2015	Medical Panels SA
2008 – 2015	Member Medical Advisory Group to MDASA
2007	Invited Lecturer Victorian Hand Surgery Meeting
1996 - Present	Elected member American Society of Plastic & Reconstructive Surgery (Corresponding)
1996 - Present	Member Professional Services Review Panel, Commonwealth of Australia
1994 - Present	Member Review Panel Australia & New Zealand Journal of Surgery
1989 - Present	Member Medical Advisory Committee St Andrew's Hospital

1991 - 1995	Member Medical Advisory Committee Abergeldie Hospital
1990 - 1995	Member Medical Advisory Committee WorkCover Corporation
1986 - 1992	Scientific Convenor - AMGFE Conference, Thredbo

Accredited Hospital Appointments

St Andrew's Private Hospital
Calvary Wakefield Hospital
Burnside War Memorial Hospital
Ashford Hospital
Parkwynd Hospital
Dextra Day Surgery

Medical Societies Membership

Australian Medical Association
Royal Australasian College of Surgeons
The Australian Society of Plastic Surgeons Inc.
South Australian Society of Plastic Surgeons
Australian Hand Surgery Society
Australasian Society of Aesthetic Plastic Surgery (Retired)
South Australian Hand Surgery Society
American Society Plastic & Reconstructive Surgery (Corresponding)
Royal Adelaide Hospital Medical Staff Society
Medical Defence Association South Australia

Teaching Commitments

Tutorials (Advanced Trainees)	Plastic Surgery, ongoing
Lecturer in Plastic Surgery	Dental School, 1980 - 1987
Tutorials (Advanced Trainees)	General Surgery, Long Course 1980 - 1986
Tutorials/Lectures (Interns)	Hand Surgery Royal Adelaide Hospital and Modbury Public Hospital
Tutorials (6th Year Medical Students)	Hand Surgery
Tutorials/Workshops	Royal Australian College of General Practitioners Practical Procedures Workshop

Further Education/Courses

Xiaflex (Collagenase) Training 2013

WorkCover SA Permanent Impairment Assessor Workshop 2013

Leadership in a Climate of Change 2010

The Art of Reconstruction 2002, 2007

Dermatoscopy 2003 RACS

Adobe Photoshop 2003

Microsoft Powerpoint 2002

Aesthetic Surgery Workshop - Breast & Body sculpture, February 2000

ASPS Laser Course 1998

Aesthetic Surgery Workshop 1998

Early Management of Severe Trauma 1996

Endoscopic Surgery Workshop 1996

Media Training Course (ASPS) 1994, 1996

Internal Fixation of the Hand, 1990

Advanced Surgical Training

Awarded FRACS (Plastic Surgery) May 1979

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|--------------------|--|
| 1979 | Senior Registrar in Plastic Surgery
Royal Adelaide Hospital |
| 1978 | Registrar
Canniesburn Hospital
Regional Plastic & Maxillo-facial Surgery
Unit, Glasgow and West of Scotland |
| 1976 - 1977 | Registrar in Plastic Surgery
Royal Adelaide Hospital
(Attachment to Adelaide Children's
Hospital) |
| 1975 | Registrar in General Surgery
Royal Adelaide Hospital (Attachments to
University Surgery Unit and Mr Hunter's
Unit) |

Post Graduate Education

1974

Senior Resident (Surgical Trainee)

Royal Adelaide Hospital

Rotations in:

- Casualty and General Surgery
- Urology
- Vascular Surgery
- Neurosurgery

**Awarded FRACS (Part 1) March 1974
at first sitting**

1973

Basic Surgical Training

Resident (February - August)

Royal Adelaide Hospital

Rotations in:

- Anaesthetics
- Ear, Nose & Throat Surgery
- Gynaecology

Resident (August - February)

Adelaide Children's Hospital

Rotations in:

- Casualty
- Orthopaedics
- Paediatric and Plastic Surgery

1972

Internship

Royal Adelaide Hospital

Rotations in:

- Casualty
- Anaesthetics
- Radiotherapy
- Plastic and Vascular Surgery
- General Medicine (Dr RAA Pellew)
- General Surgery (Mr LL Hoare)

Undergraduate Education

Graduated MB,BS (Adelaide) 1971

University of Adelaide 1966-1971:

First year spent at Flinders University Campus
(Commonwealth Scholarship awarded)

Second - Sixth years spent at Adelaide University Medical School
High Credits gained First, Fifth and Sixth Years.

Papers Published

“Dorsal Chevron Flap for Exposure of the Proximal Interphalangeal Joint”
Journal of Hand Surgery (British & European Volume, 1998) 23B: 5: 673-675

“How to repair wounds of the feet”
Modern Medicine Vol 40 No11, Nov. 1997

“The Injured Hand”
Australian Family Physician, Vol 21, No 7, P 920-930, July 1992.

“Simultaneous Lacerations of the Median and Ulnar Nerves with Flexor Tendons at the Wrist”
Journal of Hand Surgery, Vol 15, No 6, November 1990.

“BMX Handlebar: A Threat to Manhood?”
Medical Journal of Australia, Vol 2, No 12, December 1982.

“Malignant Schwannoma of the Inferior Dental Nerve”
British Journal of Plastic Surgery, Vol 31, No 4, October 1978.

“Prostatectomy: Its Safety in an Australian Teaching Hospital”
British Journal of Surgery, Vol 64, No 3, March 1977.

Book Reviews Published

1. “Pre-operative and Postoperative Dermatologic Surgical Care”
Greenway & Barrett
Aust & NZ J Surg (1996) 66, 653
2. Mathes and Nahai - Reconstructive Surgery - Principles, Anatomy and Technique
ANZ J Surgery - Vol 67 No 8 August 1997
3. Davis- “Otoplasty: Aesthetic and Reconstructive Techniques.”
New York, Springer-Verlag, 1997
Australian & New Zealand Journal of Surgery
4. Toledo - “Refinements in Facial and Body Contouring”
Lippincott-Raven, 1999
The Australian Society of Plastic Surgeons Newsletter
5. Thieme – “Operative Exposures in Peripheral Nerve Surgery”
Allen H Maniker, 2005
The Australian Society of Plastic Surgeons Newsletter 2005.

Papers Presented

February 2016	“Baron Dupuytren and his Contracture” AMGFE Conference, Vail, Colorado
May 2015	Interplast in Sri Lanka “Principles of Management Hand Trauma” “Tendon Injuries” “Secondary Reconstructions” “Rheumatoid Hand Reconstruction”
March 2014	“Hand Examination” “Compression Neuropathies” ASPS Registrar Conference Perth, Western Australia
July 2013	“Principles of Management Hand Trauma” “Rheumatoid Hand Surgery” “Hand Rehabilitation” “Skin Cover – Hand Trauma” “Compression Neuropathies” “Tendon Injury” “Hand Examination” “Secondary Reconstruction” Interplast Hand Workshop Sri Lanka
June 2013	“PIP Joint Arthroplasty” SAHSS Meeting Lion Hotel, Adelaide
November 2012	“Interplast in Sri Lanka” Rotarian Conference, Adelaide “Passionate Pursuits” Building Towards Retirement Workshop RACS - Adelaide
February 2012	“Surgery and Hot Glass” AMGFE, Park City, Utah, USA
March 2011	“Hand Training in Australia” ‘AHSS Surgical Audit Carpal Tunnel Syndrome’ Combined AHSS and ASSH Meeting, Kauai, Hawaii
November 2011	“Hand Surgery Training in Australia” SA Hand Surgery Society Workshop McLaren Vale, Adelaide
June 2011	“Interplast in Sri Lanka” Rotary Talk, Adelaide

Papers Presented

May 2011	<p>“Passionate Pursuits” “Transition from Surgeon to Glass Artist” RACS, ASC, Adelaide</p>
February 2011	<p>“Transition from Surgeon to Glass Artist” Modbury Hospital, Grand Round, Adelaide</p>
February 2010	<p>“Interplast in Sri Lanka” AMGFE Meeting, Park City, USA</p>
November 2009	<p>“Hand Surgery evolution in South Australia” 50 Year Plastic Surgery Meeting, Adelaide</p>
October 2009	<p>“Evolution of Hand Surgery SA” “Hand Trauma in Day Surgery” SA Hand Workshop, Mount Lofty</p>
August 2009	<p>“Hand Injury Management and Rehabilitation” Sri Lankan College of Surgeons Scientific Meeting</p> <p>“Principles of Hand Trauma Management” “Hand Examination” “Tendon Injuries” “Skin Cover for Hand Trauma” “Late Reconstructions for Hand Trauma” Interplast Hand Trauma Workshop Colombo, Sri Lanka</p>
July 2009	<p>“Hand Trauma in Day Surgery” IAAS Congress Brisbane</p>
March 2009	<p>“Interplast and Hand Surgery” “Glass Sculpture” AHSS Meeting Portsea, Victoria</p>
October 2008	<p>“Hand Surgery – Are we losing it?” ASPS Scientific Meeting, Gold Coast, Queensland</p>
October 2008	<p>“Principles of Hand Trauma Management” “Tendon Injuries” “Skin cover for Hand Trauma” “Late reconstructions for Hand Trauma” Interplast Hand Trauma Workshop Colombo, Sri Lanka</p>
July 2007	<p>“Interplast report – South Australia” Interplast Planning Workshop, Melbourne</p>
June 2007	<p>“Hand Surgery” Overview to Nursing Staff St Andrew’s Hospital, Adelaide</p>

Papers Presented

- November 2006 “PIP Arthroplasty”
Australian Hand Therapists Conference, Adelaide
- October 2006 “Interplast in Sri Lanka”
“Carpal Tunnel Syndrome”
“Chevon Exposure PIP Joint”
Invited Lecturer Victorian Hand Surgery Society
- August 2006 “Interplast in Sri Lanka”
RACS SA, State Scientific Meeting, Adelaide
- June 2006 “Art & Medicine”
ACCMA & ACMA (SA) Combined Meeting,
Adelaide
- March 2006 “Carpal Tunnel Syndrome”
“Thoracic Outlet Syndrome”
Australasian Plastic Surgery Registrar
Training Course, RAH, Adelaide
- March 2006 “Carpal Tunnel Syndrome”
“Thoracic Outlet Syndrome”
Australian Hand Surgery Society,
Registrar Training Course, Glenelg, Adelaide
- February 2006 “Hand Trauma”
“Tendon Injuries”
“Hand Trauma – late reconstructions”
Interplast Hand Trauma Workshop,
Colombo, Sri Lanka
- November 2005 “Interplast Update on Sri Lanka”
RAH Plastic Surgery Grand Round
- December 2004 “Making glass hands”
RAH Plastic Surgery Meeting, Adelaide
- October 2003 “Office and Day Surgery. Where is it at?”
ASAPS Scientific Meeting, Hunter Valley, NSW
- October 2003 “Office and Day Surgery; Are You Safe?”
Modbury Public Hospital, Grand Round
- August 2003 “Outpatient Surgery in Australia”
International Plastic Reconstructive & Aesthetic
Congress (IPRAS), Sydney
- May 2003 “Interplast in Sri Lanka”
RACS Annual Scientific Congress, Brisbane

Papers Presented

October 2002	“Exploring the PIPJ” SA Hand Surgery Society Meeting, Adelaide
August 2002	“The Rheumatoid Hand - Surgical Principles” Modbury Public Hospital, Grand Round
March 2002	“Hand Surgery Training” Australian Hand Surgery Society, Annual Scientific Meeting, Gold Coast
May 2002	“Office Based Surgery in Australia” RACS ASC, Adelaide
November 2002	“Exposing the PIPJ” SA Hand Surgery Society Workshop, Adelaide
November 2001	“The Rheumatoid Hand - Surgical Principles” Combined Hand Meeting, Royal Adelaide Hospital
April 2001	“Office Based Surgery - an Australian perspective” Australian Day Surgery Council Conference, Melbourne
February 2001	“RACS CPD Programme” RACS SA Branch - Younger Fellows Conference
December 2000	“Principles in Management of Hand Trauma” Beijing China - Plastic Surgery Hospital
November 2000	“Recurrent Dupuytren’s Disease” SA Hand Surgery Society Workshop
May 2000	“Office Based Surgery - Future Directions” RACS ASC - Melbourne
February 1998	“Chevron Technique” Australian Hand Surgery Society Meeting, Tasmania
May 1997	“Accessing the Proximal Interphalangeal Joint - The Chevron Technique” RACS - ASC Brisbane
November 1995	“A Mutilating Injury” South Australian Hand Surgery Workshop

Papers Presented

November 1995	“Skin Cancer. The Sun and You” Public forum St. Andrew’s Hospital (Skin Cancer Awareness Week)
March 1995	“History of Flap Surgery” Flap Course (Plastic Surgery Trainees Australasia, Adelaide)
March 1995	“PIPJ Injury and disease” “Nerve Healing” “Tendon Healing” Plastic Surgery Registrar Instruction Course, Adelaide
October 1994	“The distant direct flap - a place in the 90’s” Australian Hand Surgery Society Meeting Alice Springs
September 1994	“Breast Reconstruction” St. Andrew’s Hospital Seminar - Breast
March 1994	“History of Flaps” Plastic Surgery Advanced Training Course, Adelaide
August 1993	“Advances in Plastic Surgery” Modbury Hospital, Grand Round
October 1992	“PIPJ Injuries” South Australian Hand Surgery Workshop, Adelaide
April 1992	“Tracking Down Trigger Thumbs” Australian Hand Surgery Society AGM, Coolum, Queensland
April 1992	“PIPJ Injuries” Australian Hand Surgery Society, Registrar Conference, Brisbane
July 1991	“The Incomplete Excision” GP Symposium - Plastic Surgery, AMA House
May 1991	“Evolution of the Hand” Australian Hand Surgery Society, Bowral, NSW
February 1991	“Evolution of the Hand” SA Hand Workshop

Papers Presented

September 1990	“Evolution of the Hand” Grand Round, Modbury Hospital
September 1989	“Flap Development in Plastic Surgery” Grand Round, Modbury Hospital
October 1988	“PIPJ Volar Plate Arthroplasty” Australian Hand Club, Wanaka, New Zealand
October 1988	“Postoperative Management of Dupuytren’s Disease” Australian Hand Club, Wanaka, New Zealand
March 1988	“Spaghetti Wrist” Invited Speaker IV ASEAN Congress Plastic Surgery, Kuala Lumpur, Malaysia
August 1987	“Sports Injuries to the PIP Joint” SA Hand Workshop
February 1987	“Looking at Hands” Juvenile Arthritis Youth Forum, Adelaide
November 1986	“The Alternative Hand” SA Hand Workshop
August 1986	“RSI” AMGFE Conference
March 1986	“Nerve Compression Disorders” SAPMEA GP Refresher Week, R.A.H.
November 1985	“The Aesthetic Hand” Aesthetic Society Meeting, Surfers Paradise, Queensland
October 1985	“The Aesthetic Hand” FMC Workshop
August 1985	“Principles of Flaps and Grafts” FRACS Long Course
June 1985	“The Role of the Surgeon in Occupational Disorders” Physiotherapy Seminar, R.A.H.
November 1984	“Update in Plastic Surgery” Grand Round, Modbury Hospital

Papers Presented

July 1984	“The Alternative Hand” AMGFE Conference
June 1984	“Pressure Sores” Seminar: Ageing in the Elderly, Modbury Hospital
August 1983	“BCC” “Bone and Joint Injuries in the Hand” “The Burned Hand” “Rehabilitation of the Hand” Plastic Surgery Instruction Course, R.A.H.
November 1982	“The Hand - Thermal and Chemical Injury” Hand Injuries Symposium SAPMEA
August 1982	“Assessing the Injured Hand” Plastic Surgery Instruction Course, R.A.H.
August 1982	“Wiring the Hand” RACS State Scientific Meeting
July 1982	“The Case for Primary Wound Closure” RACS Meeting, Alice Springs
March 1982	“Wiring Made Easy” Australian Hand Club Meeting, Perth
July 1981	“Hand Injuries” Surgical Refresher Course, Modbury Hospital
1980	“Advances in Reconstructive Surgery” Modbury Hospital Clinical Meeting
August 1979	“Reconstruction in Head and Neck Surgery” Surgical Grand Round, R.A.H.
December 1978	“Head and Neck Surgery” McAlpine Clinic, Glasgow
June 1978	“Outline of Plastic Surgery” Canniesburn Hospital, Glasgow
May 1978	“Grafts and Burns” Ayreshire District Hospital

Papers Presented

March 1978	“Flaps in Australia” Canniesburn Hospital, Glasgow
July 1977	“Burns” Surgical Grand Round, R.A.H.
July 1976	“Reconstruction in Intra-oral Carcinoma” Surgical Grand Round, R.A.H.
December 1975	“War Wounds from Timor” Surgical Grand Round, R.A.H.
September 1975	“Faecal Peritonitis” Surgical Grand Round, R.A.H.
April 1975	Nimmo Prize “Factors Influencing the Outcome of Prostatectomy”

Personal Interests

Photography

Glass art (modern)

Glass blowing/sculpting

Fitness / Swimming

Snow Skiing

Travel

Wine

Classic Cars

Rock Music (drums)